

SEWARD COUNTY COMMUNITY COLLEGE COURSE SYLLABUS

I. TITLE OF COURSE: PE2621- Sports Medicine Practicum I

II. COURSE DESCRIPTION: 1 credit hours 0 credit hours of lecture and 1 credit hours of lab per week.

This course is designed to develop athletic training knowledge and clinical skills through online instruction and clinical hours performed by the student with a certified athletic trainer. Those enrolled in this course will be required to complete 50 clinical hours with a certified athletic trainer or physical therapist if not completed with the instructor. The online portion of the course requires the student to have the following software on their personal computers or access to: Microsoft Word; Microsoft Excel; and Microsoft Powerpoint. Each student will need access to the Internet. The course is designed for the student interested in athletic training, sports medicine, or physical therapy. For each unit of credit, a minimum of three hours per week with one of the hours for class and two hours for studying/preparation outside of class is expected.

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Pre-requisite: None

III. PROGRAM AND/OR DEPARTMENT MISSION STATEMENT:

The Seward County Community College physical education program will broaden the understanding of fitness for life by providing general education, appropriate technology, and professional development opportunities that promote a healthy lifestyle.

IV. TEXTBOOK AND MATERIALS:

Prentice, W.E. (2011). Principles of Athletic Training (14th ed.). New York, NY: McGraw-Hill.

V. SCCC OUTCOMES

Students who successfully complete this course will demonstrate the ability to do the following SCCC Outcomes.

1: Read with comprehension, be critical of what they read, and apply knowledge gained to real life
2: Communicate ideas clearly and proficiently in writing, appropriately adjusting content and arrangement for varying audiences, purposes, and situations.

5: Demonstrate the ability to think critically by gathering facts, generating insights, analyzing data, and evaluating information

9: Exhibit workplace skills that include respect for others, teamwork competence, attendance/punctuality, decision making, conflict resolution, truthfulness/honesty, positive attitude, judgment, and responsibility

VI. COURSE OUTCOMES:

1. Demonstrates proper understanding and importance of medical terminology for healthcare and sports medicine field.
2. Demonstrates proper understanding and knowledge of injury nomenclature to sports medicine.
3. Demonstrates proper understanding of wound care and use of wound cleaning techniques.
4. Demonstrates proper understanding and technique of basic taping and wrapping skills.
5. Demonstrates proper understanding of professionalism and confidentiality in the sports medicine field.

VII. COURSE OUTLINE:

1. Medical Terminology
2. Injury Nomenclature
3. Wound Care
4. Wrapping & Taping Basics

VIII. INSTRUCTIONAL METHODS:

1. Canvas
2. Discussion
3. Demonstration (Clinical Hours)

IX. INSTRUCTIONAL AND RESOURCE MATERIALS:

1. Canvas
2. Book
3. Internet

X. METHODS OF ASSESSMENT:

SCCC Outcome #1 will be assessed and measured by participation in discussion and writing assignments indicating comprehension of materials read.

SCCC Outcome #2 will be assessed and measured by oral practical tests and written assignments.

SCCC Outcome #5 will be assessed and measured by participation in discussion and critical thinking assignments.

SCCC Outcome #9 will be assessed and measured by clinical hours obtained and participation during clinical hours.

XI. ADA STATEMENT:

Under the Americans with Disabilities Act, Seward County Community College will make reasonable accommodations for students with documented disabilities. If you need support or assistance because of a disability, you may be eligible for academic accommodations. Students should identify themselves to the Dean of Students at 620-417-1106 or going to the Student Success Center in the Hobbie Academic building, room 149 A.